

Dr. George Lindenfeld RESET Therapy

For Immediate Release

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RESET Therapy Forever Changes Lives of PTSD Sufferers in Military and First Responders

SARASOTA, FL (January 1, 2017) – RESET Therapy provides those whose personalities have been altered by trauma (PTSD) an opportunity to re-establish normality in their lives. A special healing sound is tuned to connect (resonate) with the trauma experience. No talking is involved in this process. Through this intervention, the brain is able to drop the emotional component from the disturbing memory as the affected individual recreates the disturbing event in his/her mind. With specific incidents, such as war related trauma, car accidents, etc., remediation can occur rapidly (within 2 to 4 treatment sessions).

“I have utilized the RESET Therapy approach developed by Dr. George Lindenfeld for over a year in my private practice of neurotherapy with amazing success. I have found it to be particularly helpful for the rapid resolution of PTSD, anxiety, fear, and anger. It is also a helpful adjunct for challenging neurological conditions such as traumatic brain injury and stroke. It is a great tool for getting the brain and nervous system out of stuck patterns so that healing can occur.” - George Rozelle, PhD., QEEGD, BCN, Senior Fellow
Dr. George Rozelle, 941-378-9959, E-mail: grrozelle@aol.com

“My name is Bill. I am a 32-year-old infantry Marine that served during the times between 2003-2007. I suffer from anxiety, insomnia, and PTSD. At first, I was skeptical about RESET Therapy not knowing anything but traditional methods to solve mental health issues. However, I have been through two treatments and in the past two weeks I have slept throughout the night without a hint of insomnia. Also, the anxiety that sometimes accompanies me during my job as an Assistant State Attorney has nearly disappeared. My mind is rested and I am at ease.

Bill Sterbinsky, Esq., 941-330-4240, E-mail: wsterbinsky@gmail.com

“I am a Vietnam Veteran. I did four tours in Vietnam. I didn't realize I had PTSD or even what it was for many years. I had nightmares of the events. I startled easily with loud sounds, I was always looking over my shoulder in fear of the unknown. Intimacy was an issue with me.

With the encouragement of my wife or perhaps at her insistence, I sought help from the VA. I went through a 12-month program to help me deal with PTSD. I found it to be of little benefit. I continued to have the same issues. Finally, my doctor sent me to MindSpa where I met Dr. George Lindenfeld who introduced me to RESET Therapy. It took three sessions till all the trauma faded away. The events were there but they no longer brought out the intense emotions. The nightmares disappeared. It was a new start. It took 50 years but I believe my PTSD is now 100% manageable.”

Dan Cerone, 904-206-1240, E-mail: dtcerone@aol.com